



# NUTRITIONAL FACTS STATEMENT

	Serving Weight (g)	Calories	Calories from Fat	Total Fat (g)	% of Daily Value **	Saturated Fat (g)	% of Daily Value **	Trans Fat (g)	Cholesterol (mg)	% of Daily Value **	Sodium (mg)	% of Daily Value **	Total carbohydrate (g)	% of Daily Value **	Dietary Fiber (g)	% of Daily Value **	Sugar (g)	Protein (g)	Vitamin A (% daily value)	Vitamin C (% daily value)	Calcium (% daily value)	Iron (% daily value)
<b>PINTS</b>																						
Pomegranate	118	290	140	16	25	11	56	0	55	19	60	2	32	11	0	0	29	3	6	2	8	0
Pomegranate with Dark Chocolate chips	118	320	170	20	30	13	67	0	65	21	70	3	35	12	0	0	30	4	6	0	8	0
Vanilla with Pomegranate Swirls	118	300	150	17	27	12	60	0	60	20	65	3	33	11	0	0	30	3	6	0	8	0
Vanilla	118	300	160	19	29%	13	64%	0	65	22	65	3	29	10	0	0	27	3	6	0	8	0
Dark Chocolate	118	290	150	19	30	13	66	0	65	22	65	3	32	11	0	0	29	6	6	0	10	8
Mediterranean Coffee	118	260	150	18	28	12	62	0	65	21	64	3	25	8	0	0	23	3	6	0	8	0
Freedom	118	290	140	16	25	11	56	0	55	19	60	2	32	11	0	0	29	3	6	2	8	0
<b>NOVELTIES</b>																						
Pomegranate Ice Cream Bar (1pk)	89	260	150	16	25	10	49	0	30	11	55	2	24	8	< 1	5	22	3	8	2	10	0
Pomegranate Ice Cream Bar (3pk)	80	240	120	14	21	4	21	0	30	9	30	1	21	7	< 1	4	19	3	8	2	8	0
Pomegranate Ice Cream Bar (15pk)	80	240	120	14	21	4	21	0	30	9	30	1	21	7	< 1	4	19	3	8	2	8	0
BlissBites - Pomegranate (12pk)	30	100	60	7	11%	4.5	23%	0	10	3	15	1	9	3	0	0	8	1	2	0	2	0
BlissBites - Dark Chocolate (12pk)	30	100	60	7	11%	4.5	23%	0	10	3	15	1	9	3	0	0	8	1	2	0	2	0
BlissBites - Coffee (12pk)	30	100	60	7	11%	4.5	23%	0	10	3	15	1	9	3	0	0	8	1	2	0	2	0
BlissBites - Vanilla (12pk)	30	100	60	7	11%	4.5	23%	0	10	3	15	1	9	3	0	0	8	1	2	0	2	0

\*Ingredients and Nutrition Facts are current as of January 2007.

\*\* The Percent Daily Values are based on a 2,000 calorie diet, so your values may change depending on your calorie needs. The values here may not be 100% accurate because the ingredients have not been professionally evaluated nor have they been evaluated by the U.S. FDA. Some items listed may not be available in all stores. This list may not include test products, limited time offers, and regional menu variations